

# COVID-19

## Health & Safety Protocol for CPJ Staff



- Wear mask
- Maintain a physical distance of 6 feet
- Avoid touching your face
- While attending any event, physically maintain health and safety protocols.



**Get Vaccinated**



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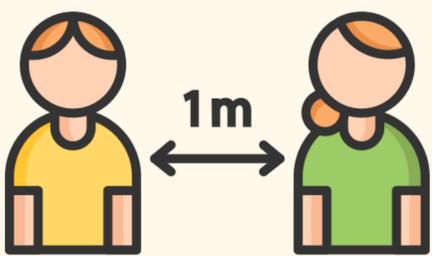
## Consideration While Working with CPJ

1. While attending any event, physically maintain health and safety protocols.
2. Do not consider working physically from the office, if you live with or are in frequent contact with people at higher risk of Covid-19.
3. Do not work physically from the office if you have:
  - *Symptoms that could be related to COVID-19 in the last 14 days*
  - *Been around anyone who has COVID-19 in the last 14 days.*



## Follow Universal Infection Control Precautions

1. Wear mask in any public place and in an office room.
2. Clean and wash your hands for at least 20 seconds before and during any work.
3. If soap and water are not readily available, use a hand sanitiser that contains at least 60% alcohol.
4. Cover all surfaces of your hands and rub them together until they feel dry.
5. Avoid physical contact with others and maintain a social distance of 6 feet while performing physical works.
6. Cover your cough and sneezes with a tissue.
7. Avoid touching your face (mouth, nose & eyes).
8. Clean and disinfect any used spaces thoroughly before and after use, including tabletop surfaces and doorknobs/handles.
9. Use proper Personal Protective Equipment (PPE) if needed/provided for the task. Especially when interacting with the general public through relief or material distribution.
10. Dispose cleaning materials properly and contain any contaminated materials.



## Instruction Regarding Formal Event and Meeting

1. It is recommended to do temperature checks of all staff/guests if any physical group work/event is arranged.
2. Where there is a queue, there must be marks (lines) on the ground instructing people to maintain at least 6-foot distance.
3. People who are distributing materials need to find a way to maintain at least 3 feet distance and if possible use gloves and wash/sanitise hands frequently.



# Get Vaccinated

- 1 Authorised COVID-19 vaccines can help protect you from COVID-19.
- 2 We request you to register for COVID-19 vaccination and get vaccinated immediately.
- 3 Register for vaccination at [www.surokkha.gov.bd](http://www.surokkha.gov.bd)
- 4 Once you are fully vaccinated, you may be able to start doing the works that you had stopped because of the pandemic.



## For Emergency Support & Information

### For Any Suspected Cases

- Fever, Cough, Loss of smell, and Breathing difficulties
- Coming from COVID-19 affected countries
- Coming in contact with any COVID-19 positive cases

### Please Call

Corona Info Hotline: **333, 16263, 10655, 109**

### and Visit

**DGHS** website: [www.corona.gov.bd](http://www.corona.gov.bd) for COVID-19 related information and reference hospitals for COVID 19 in Bangladesh



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